

WHS1232 Manual Handling: Workplace Trainer

Course Overview

The aim of this workshop is to provide participants with the knowledge, skills, and capabilities to be a Manual Handling Workplace Trainer (MHWPT).

Course Objectives

At the completion of the course, participants will be able to:

- Define Manual Handling (MH) and the role of a Manual Handling Workplace Trainer (MHWPT).
- Apply effective training strategies and maintain accurate education and assessment records.
- Understand MH and WHS responsibilities specific to the trainer role.
- Navigate key SWSLHD policies and procedures related to MH.
- Identify hazardous manual tasks and apply injury prevention techniques.
- Conduct and document MH risk assessments using appropriate tools.
- Recognise common manual handling injuries and describe musculoskeletal disorders (MSDs).
- Use checklists to assess workers performing hazardous MH tasks.

Target Audience

Staff identified to complete manual handling workplace trainer course as part of their role.

